

GRADES  
K-6

# JESUS HEALS A PARALYZED MAN

Printable Lesson Kit



**M** **GHTY MESSAGES**

# THANK YOU

Thank you for ordering from [www.TeachSundaySchool.com](http://www.TeachSundaySchool.com). We strive to offer you top notch Bible teaching tools. Feel free to contact us with any questions a [marykate@teachsundayschool.com](mailto:marykate@teachsundayschool.com).

# HOW TO PRINT

If you are having any trouble printing, here are some helpful tips:

- 1) Adobe Acrobat PDF Reader is the most universal PDF reader and comes standard on most computers. If you are having issues, check to make sure you are using a recent version of Adobe, which is available free online here.
- 2) If for any reason a page is being cut off, when you push the “print” button and the dialogue box pops up, check the box “fit”.

# TERMS OF USE

The material enclosed is copyrighted. You do not have resell rights or giveaway rights to the material provided herein. Only customers that have purchased this material are authorized to view it.

## **Allowed:**

You are able to print as many times as you would like for personal, family, or single church/school use. (Please show this to any printer you may take this to in order to prove that you are not infringing on the copyright by printing this file).

If you would like to use this file for multiple schools or churches, please email us at [marykate@teachsundayschool.com](mailto:marykate@teachsundayschool.com) for information on a bundle purchase price.

## **Not Allowed:**

This digital file cannot be given to anyone else. In order to own a digital file, it must be purchased. This file is never to be emailed to anyone else for the purpose of giving it to them or sharing it with them. In order to own a file, it must be purchased.

Do not post this file, or images from this file on a blog, website, or anything like it for the purpose of giving it away or selling it.

Do not change this file in any way.

Do not use all or part of this file for commercial use in any way.

Anything that is not meant for the intended use of this file, which is for personal, family, or single church/school use is not allowed. We are offering this as a digital file for the convenience of our customers. Any abuse of that is not allowed.

If you feel you have obtained an unauthorized copy of this material, please email us at [marykate@teachsundayschool.com](mailto:marykate@teachsundayschool.com).

# LEGAL NOTICE

While all attempts have been made to verify information provided in this publication, neither the author nor the publisher assumes any responsibility for errors, omissions or contrary interpretation of the subject matter herein. The publisher wants to stress that the information contained herein may be subject to varying state and / or local laws or regulations. All users are advised to retain competent counsel to determine what state and / or local laws or regulations may apply to the user’s particular operation.

The purchaser or reader of this publication assumes responsibility for the use of these materials and information. Adherence to all applicable laws and regulations, federal, state and local, governing professional licensing, operation practices, and all other aspects of operation in the US or any other jurisdiction is the sole responsibility of the purchaser or reader. The publisher and author assume no responsibility or liability whatsoever on the behalf of any purchaser or reader of these materials. Any perceived slights of specific people or organizations is unintentional.

# CONTENTS

Lesson Overview	4
Scripture & Lesson	5
Printable Craft	7
Game	12
Coloring Pages	13
Word Search	15
Crossword Puzzle	16
Parent Handout	17
Reference Sheet	18
Learning Lookups	19
Fill-In-The-Blank	20
Answer Key	21
Certificate of Completion	22

# JESUS HEALS A PARALYZED MAN

## LESSON OVERVIEW



### JESUS HEALS A PARALYZED MAN MIGHTY MESSAGE

The story of Jesus healing a paralytic who was lowered through the roof is a great tale of both healing and forgiveness. It will teach children that persistence wins, courage is great, and we can all be forgiven through Christ. Jesus not only stopped in the middle of a speech to commend the friends of the paralyzed man, but he proved a point to the naysayers with his statement, “Your sins are forgiven.” Who can forgive sins? Obviously, Jesus has the power to forgive, as was proven by his next words, “Which is easier, to forgive sins or to say rise up and walk?” The man arose!



#### How to Use the Lesson Kit:

This kit includes a variety of activities that you can select from to customize your perfect lesson. We suggest beginning with the Scripture Reading & Lesson followed by the Discussion Questions. From there, feel free to mix & match the activities to build your lesson plan based on the time you have allotted and the age level/interests of your kids.



#### WHAT'S INCLUDED:

- Scripture Reading & Lesson
- Discussion Questions
- Craft
- Game
- Coloring Page
- Wordsearch
- Crossword Puzzle
- Learning Lookups Journaling
- Parent Handout
- Quiz
- Reference Sheet
- Certificate of Completion
- Answer Page



#### MATERIALS LIST:

- Crayons, markers, colored pencils
- Glue sticks
- Scissors
- Pencils or pens
- Bibles (electronic or hardcopy)

# JESUS HEALS A PARALYZED MAN

## SCRIPTURE & LESSON

### EXCERPTS FROM MARK 2 (NIV)

Read the following excerpts as shown (NIV translation), or read from your chosen Bible translation:



### MARK 2:1-12

<sup>1</sup> A few days later, when Jesus again entered Capernaum, the people heard that he had come home. <sup>2</sup> They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. <sup>3</sup> Some men came, bringing to him a paralyzed man, carried by four of them. <sup>4</sup> Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. <sup>5</sup> When Jesus saw their faith, he said to the paralyzed man, “Son, your sins are forgiven.”

<sup>6</sup> Now some teachers of the law were sitting there, thinking to themselves, <sup>7</sup> “Why does this fellow talk like that? He’s blaspheming! Who can forgive sins but God alone?”

<sup>8</sup> Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, “Why are you thinking these things? <sup>9</sup> Which is easier: to say to this paralyzed man, ‘Your sins are forgiven,’ or to say, ‘Get up, take your mat and walk’? <sup>10</sup> But I want you to know that the Son of Man has authority on earth to forgive sins.” So he said to the man, <sup>11</sup> “I tell you, get up, take your mat and go home.” <sup>12</sup> He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, “We have never seen anything like this!”

## Questions for Children about Jesus Healing a Paralyzed Man:

1. How did the paralyzed man's four friends get him in front of Jesus? **A: they dug a hole in the roof and lowered him down.** Do you think Jesus found this distracting from what he was trying to say? Do you think others found it distracting? **A: That may be our initial thought. Jesus always had unusual ways of looking at things. Instead of seeing an annoyance, he saw faith in God at work in them.**
2. Which is more important—to have your sins forgiven or be healed of a sickness? Why? **A: Sickness is to the body, but sin is to the soul. It causes hurt in relationships, whereas sickness generally doesn't. Therefore, forgiveness is more important.**
3. Does Jesus enjoy forgiving our sins? **Why? A: Like parents, Jesus is overjoyed when one of his children realizes they're making a lot of mistakes and wants to change. He is more than willing to help.**
4. Have you ever been afraid to tell Jesus something that you did wrong for fear he wouldn't want to speak to you? What do you think of that reasoning now? **It's important to tell Jesus whatever is on your mind, especially if it's guilt. He forgives and forgets.**



## TEACHER'S MIGHTY MESSAGE

If you make mistakes and say, “Wow, I’m sorry,” to your parents, they are so relieved! Granted, some parents who suffer from high anxiety may want to preach at a child after an apology. But Jesus just wants to know you are sorry. He knows what apologies are and what they really do as far as forgiving sins.

Some people think apologies or asking another’s forgiveness are just good manners. Apologies are so much more. They allow the other person to know that you are aware that you hurt them. An apology means you will try not to do it again. How can people trust you if they are going around saying, “Does he even care that he hurt me so badly?” Saying “sorry” helps bring back trust.

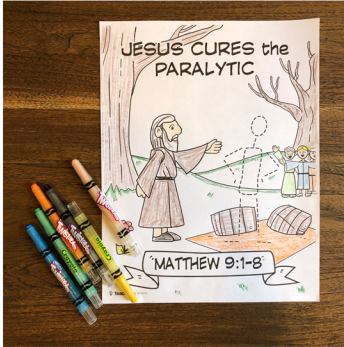
When we say “sorry” to Jesus he will feel relieved, not disgusted or mad! And he will reach out in trust again! He will heal us from the powers of sin, which can be just as bad as the physical paralysis that the man had. So we need to go to Jesus boldly with our problems and our confessions. We need to always think of the paralyzed man and his four friends!



# JESUS HEALS A PARALYZED MAN

## PRINTABLE CRAFT

### JESUS HEALS A PARALYZED MAN CUT & COLOR



#### MATERIALS:

- White paper
- Coloring utensils
- Scissors
- Glue stick



#### CUT PHASE:

Cut out the various components of “Pieces” template.



#### PRINT PHASE:

On white paper, print the following files for the craft that you will be assembling (all pages follow these instructions):

- Background Page
- Pieces Page (color or black and white)
- Mock-Up Page



#### PASTE PHASE:

Paste the components onto the colored Background Page over the dotted outline, using the Mock-Up Page for guidance.



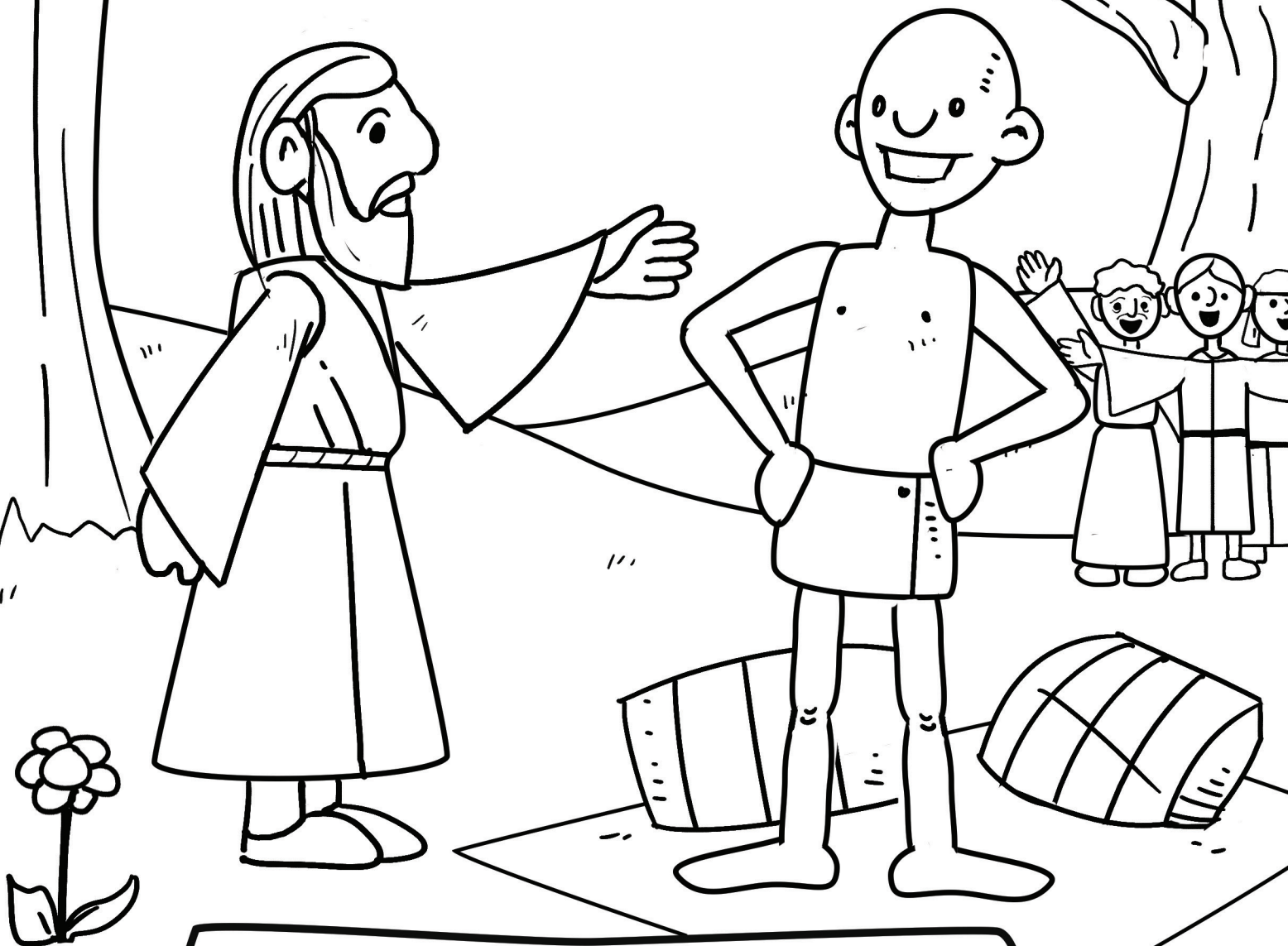
#### COLOR PHASE:

Color the Background Page with the coloring utensils of your choice.

#### Suggestions for Making this Craft a Success with Younger Kids:

Younger children might need a little extra help to make their crafts look great, especially when it comes to using scissors!

# JESUS CURES the PARALYTIC

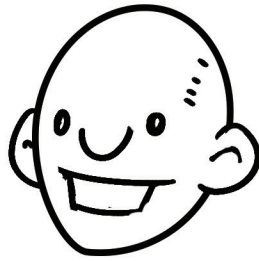


"MATTHEW 9:1-8"





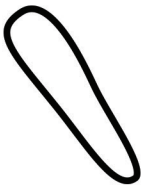
L BICEP



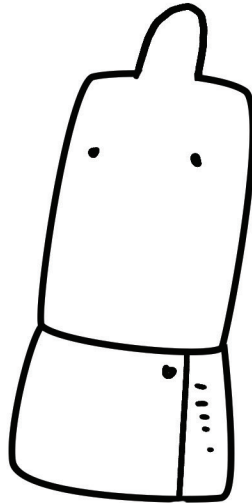
HEAD



R BICEP



L FORARM



BODY



R FORARM



L HAND



R HAND



L LEG



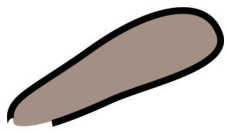
R LEG



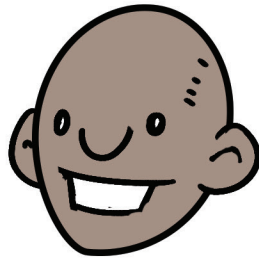
L FOOT



R FOOT



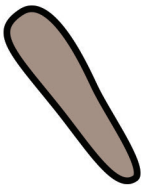
L BICEP



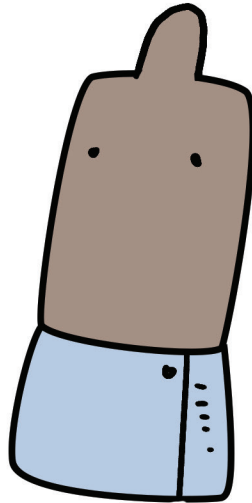
HEAD



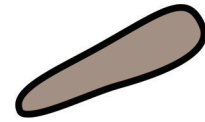
R BICEP



L FORARM



BODY



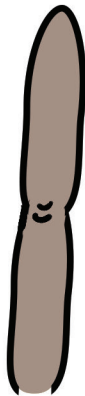
R FORARM



L HAND



R HAND



L LEG



R LEG

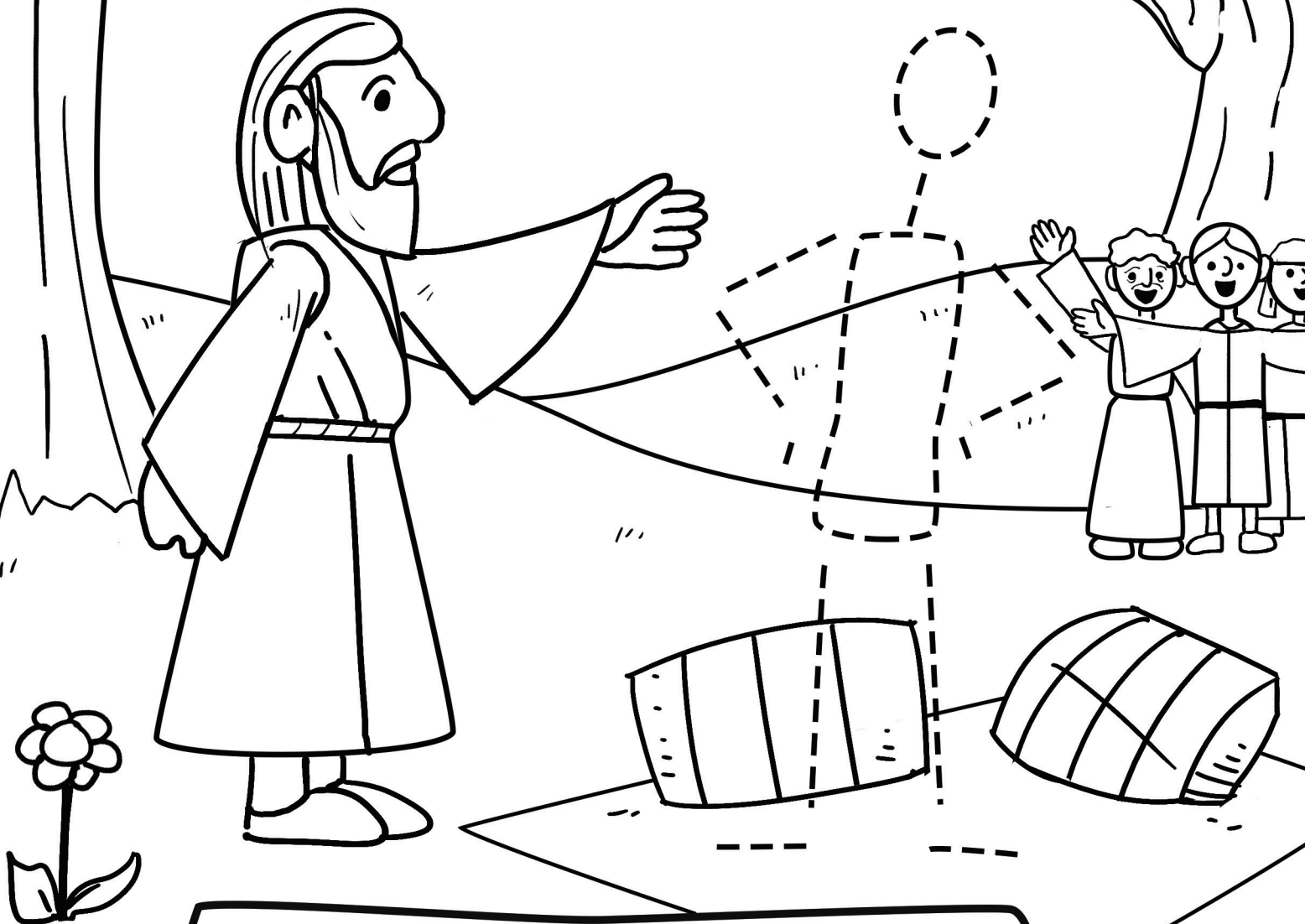


L FOOT



R FOOT

# JESUS CURES the PARALYTIC



"MATTHEW 9:1-8"

# JESUS HEALS A PARALYZED MAN

## GAME

### RISE UP & WALK

This hilarious game is a sleepover favorite but can also be used in youth ministries to make a point about hoping in God. Requiring students to carry “paraplegics” around, it will also wear them out, so they can sit and listen later!



#### MATERIALS:

None



#### OBJECTIVE:

To be the first team to reach the “Place of Forgiven Sins” for the third time.

### INTRODUCTION

We all heard Jesus say, in today’s lesson from Mark 2, “Your sins are forgiven” and “Rise up and walk.” The object of the game is for your team to race to the Place of Forgiven Sins three times. (That’s because there are three of you, and each of you has sins.) But to race with a paraplegic, you have to make a special means of carrying him! Let’s see how well you can do to get all your sins erased!



#### INSTRUCTIONS:

1. Form teams of three students each. If you have fewer than six students, they can play the game in several rounds, trying to beat their own time. In that case, engage your assistant with a smartphone stopwatch. Have teams line up on one end of the room. The other wall is “Forgiven Sins.”
2. Have two students make a “cross-arm chair” by taking hold of each other’s wrists, so that the left hands are gripping left wrists and right hands are gripping right wrists. Have the “paraplegic” on the team sit on the “X” made by their forearms.
3. When you say, “Go!” Teams will carry the paraplegic to and from the wall three times. They must slap the wall and come all the way back to the starting line twice before proceeding to the place of Forgiven Sins for the final time.
4. At any point during their struggle, you may shout, “Your sins are forgiven! Rise up and walk!” At that time, the paraplegic may jump down. All three teammates can finish the race running.
5. The first team to reach the Place of Forgiven Sins for the third time wins.
6. To lengthen the game, repeat the race twice so that all teammates get a turn to be the paraplegic.

# Color by Numbers!

1 = Brown

3 = Red

5 = Light blue

7 = Purple

2 = Black

4 = Green

6 = Skin tone

8 = Orange



Jesus heals the paralytic.

Mark 2



"Rise, take up your pallet and walk!"

# JESUS HEALS A PARALYZED MAN

## WORD SEARCH

Healing the paralytic was just one of many of Jesus' miracles. The Apostle John closes his gospel saying this about the miracles of Jesus: "If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written." Below is a list of some of the things Jesus healed people of. Find them in the word search above.

T	D	H	B	L	P	D	I	S	E	A	S	E	V	T	X
A	W	R	L	C	Z	Y	I	N	F	E	C	T	I	O	N
N	G	S	E	R	W	D	H	U	N	G	E	R	D	D	D
X	P	W	E	I	M	M	E	X	X	L	N	M	O	Q	I
I	A	E	D	P	P	U	L	A	F	E	V	E	R	A	S
E	R	L	I	P	V	T	E	J	F	Q	B	B	Y	S	A
T	A	L	N	L	Y	E	P	A	U	N	B	G	E	D	B
Y	L	I	G	I	B	N	R	L	D	P	E	R	H	I	I
S	Y	N	Z	N	D	E	O	A	L	U	U	S	Z	D	L
Q	S	G	T	G	E	S	S	S	T	Z	L	V	S	A	I
N	I	T	H	A	T	S	Y	A	I	R	U	T	N	P	T
V	S	E	I	K	Y	F	T	E	X	B	O	M	E	O	Y
L	Y	O	R	H	P	C	S	C	U	S	D	P	E	R	N
D	I	W	S	G	Z	U	D	E	A	T	H	O	H	P	Y
U	X	R	T	P	O	S	S	E	S	S	I	O	N	Y	W
E	M	X	U	X	P	K	B	L	I	N	D	N	E	S	S

### Words to Find:

ADULTERY  
ANXIETY  
ATROPHY  
BLEEDING  
BLINDNESS

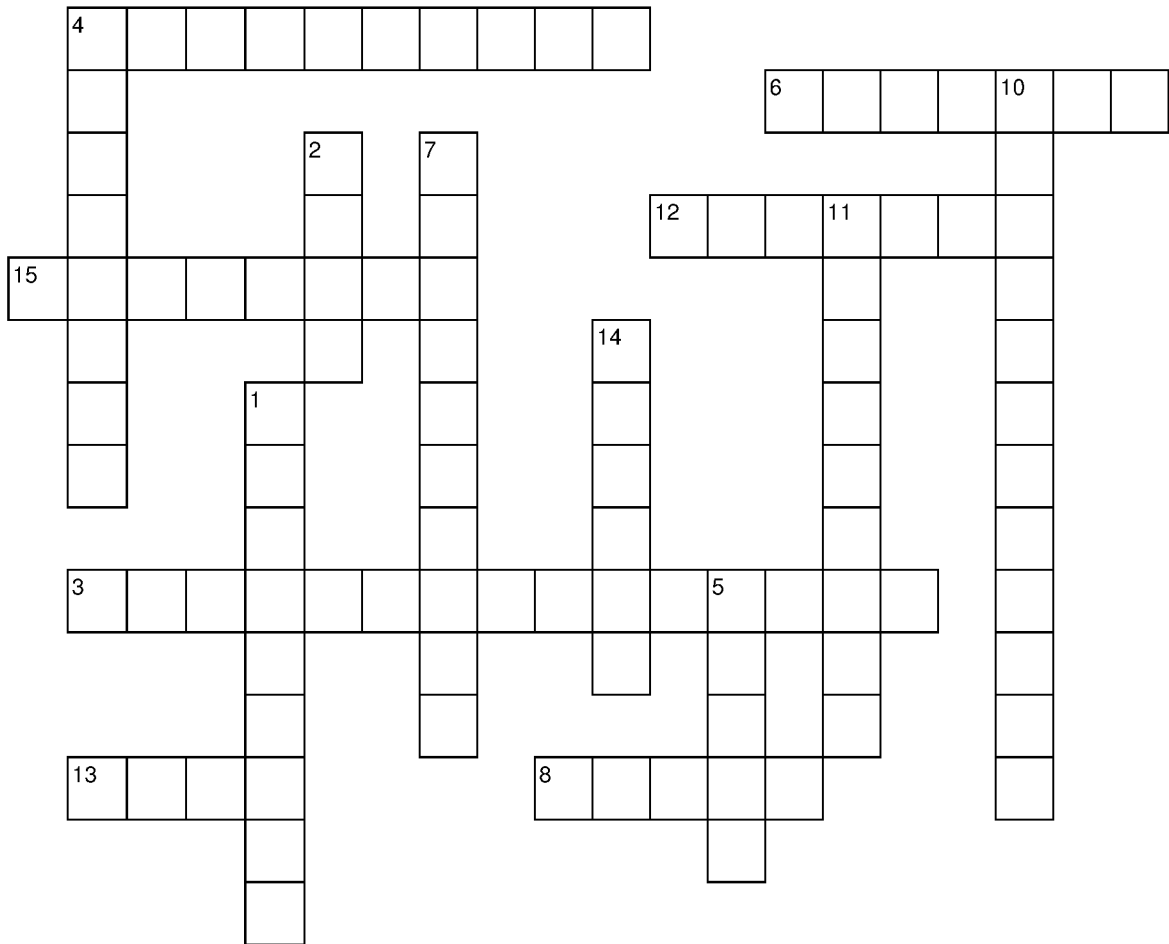
CRIPPLING  
DEAFNESS  
DEATH  
DISABILITY  
DISEASE

FEVER  
HUNGER  
INFECTON  
LEPROSY  
MUTENESS

PARALYSIS  
POSSESSION  
SEIZURES  
SWELLING  
THIRST



# CROSSWORD PUZZLE



**Across**

- 3. Where Jesus saw Moses and Elijah
- 4. Where Jesus was tempted by Satan
- 6. 10 healings aren't specific, but....
- 8. Once, Jesus even created this
- 12. Servant whose ear Peter cut off
- 13. Recorded times Jesus multiplied food
- 15. Celebration of Jesus' first miracle

**Down**

- 1. 6 times, Jesus healed muteness and this
- 2. Place where Jesus changed water to wine
- 4. The condition of a hand Jesus healed
- 5. Times Jesus raised the dead
- 7. Word for spirits taking over a person
- 10. Not included in miracles as Jesus was dead
- 11. Jesus didn't perform miracles at this age
- 14. Jesus calmed a storm in miracles with this



# JESUS HEALS A PARALYZED MAN

## PARENT HANDOUT



Scriptures to Read: Mark 2:1-12



### This Week We Learned About ...

The story of Jesus healing the paralytic who was lowered through the roof by his faithful friends—it's a classic! The lesson taught the children that persistence wins, courage is great, and we can all be forgiven through Christ. Jesus not only stopped in the middle of a speech to commend the friends of the paralyzed man, but he proved a point to the nay-sayers with his statement, "Your sins are forgiven."



#### ✓ Questions for Kids:

1. What did Jesus say that upset the Pharisees? **"Your sins are forgiven."**
2. Why were they upset that he said that? **Because they believed only God could forgive sins.**
3. How do we know from this that Jesus has the power to forgive sins? **Because he told the paralytic to rise up and walk.**

#### ✓ Dinner Table Discussion:

The men were desperate to get their friend in front of Jesus so he could be healed. Is there anything in your life you wish Jesus could fix? Discuss it with your family.

Bringing our needs to Jesus through prayer can produce great results. Make a list together of some things you would like to pray for. As you write down each one discuss why that particular thing is important to you and how you want God to help.

#### Scripture Notes (tuck in lunchboxes, tape to mirrors, etc.):



*When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven."*

**Mark 2:5**



*Which is easier: to say to this paralyzed man, 'Your sins are forgiven,' or to say, 'Get up, take your mat and walk'? But I want you to know that the Son of Man has authority on earth to forgive sins."*

**Mark 2:9-10**



*May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.*

**Romans 15:13**

# JESUS HEALS A PARALYZED MAN

## CHEAT SHEET: ALL ABOUT JESUS (& HIS MIRACLES)

- 1 **Jesus is not known to have performed any miracles as a child.** He did not stand out as a child but behaved normally. Some extra-Biblical material cites Jesus performing miracles in childhood, but the Christian community generally doesn't believe them.
- 2 **Jesus' first recorded miracle is in John 2, when he changed water into wine at a wedding in Cana.** It occurred after his baptism, but before he was tempted by Satan in the wilderness.
- 3 **Jesus' last miracle before his death was restoring the ear of the high priest's servant Malchus at his arrest, after Simon Peter cut it off.** It is recorded in John 18 and Luke 22.
- 4 **There are 37 miracles performed by Jesus recorded in the four gospels.** These do not include his Resurrection, which he was not considered to have taken part in (as he was dead). They also don't include events like the Transfiguration (where Jesus saw Moses and Elijah) or the Ascension, which are considered God performing the miracle on or toward Jesus.
- 5 **Jesus did many more miracles than what is recorded in the bible.** Apostle John ended his gospel with this saying in John 21:25: Jesus did many other things as well. If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written.

Here is a complete list of the types of recorded miracles completed by Jesus during his three-year ministry. In some he healed multiple people, up to several hundred. Others are single healings.

TYPE OF MIRACLE	# OF BIBLE OCCURRENCES
Jesus Multiplies Food	5
General Healings	10
Jesus Delivers from Possession of Spirits	5
Jesus Cleanses Leprosy	2
Jesus Heals Paralysis	2
Jesus Heals Withered Hands	1
Jesus Raises the Dead	3
Jesus Commands Nature	3
Jesus Heals Blindness	6
Jesus Heals Muteness	6
Jesus Creates Money	1



# LEARNING LOOKUPS



# JESUS HEALS A PARALYZED MAN

**Lookup:** Mark 2:5 and write it down:

---

---

---

**Lookup:** Mark 2:9-10 and write down Mark 2:10:

---

---

---

Some people call Christianity unreasonable. But there are many appeals to reason in the Bible. Here is a place where Jesus appealed to people's reason. What was he asking them to believe?

---

---

---

Create a prayer below. Speak to God and write it. Ask him to show you this week sources to prove to you that our faith is reasonable. Then keep your eyes and ears peeled for those sources.

---

---

---

# JESUS HEALS A PARALYZED MAN

## QUIZ



### FACTS ABOUT JESUS AND THE PARALYZED MAN

**1. Jesus healed the paralyzed man early on in his ministry. Where was he? (Mark 2:1)**

- a. Capernaum
- b. Nazareth
- c. Damascus

**2. Jesus was already seeing enormous crowds due to his ability to perform miracles. This crowd was (Verse 2)**

- a. standing on chairs
- b. spilling out the door
- c. growing violent

**3. The friends of the paralyzed man (Verse 4)**

- a. pushed people aside
- b. sent him forward in a wave
- c. cut a hole in the roof

**4. Who gave Jesus a hard time, at least in their thoughts? (Verse 6)**

- a. the sick people
- b. the religious leaders
- c. friends of other sick people

**5. The statement Jesus made that was upsetting to some was this (Verse 5)**

- a. go home
- b. be ye healed
- c. your sins are forgiven

**6. The healed paralytic (Verse 12):**

- a. danced
- b. sang
- c. walked out in front of everyone

**7. The people responded by (Verse 12):**

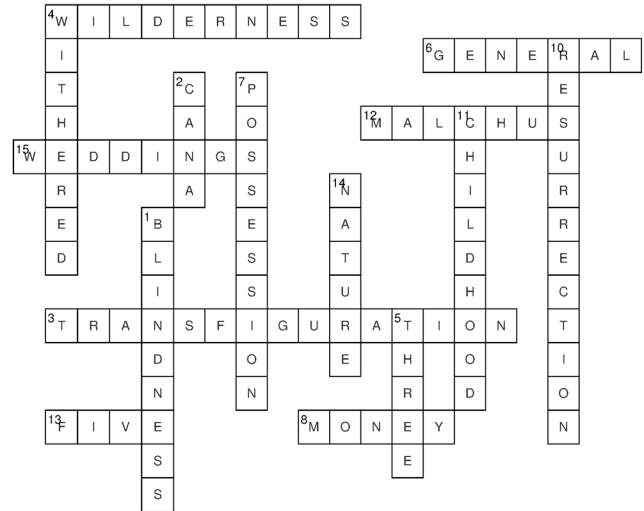
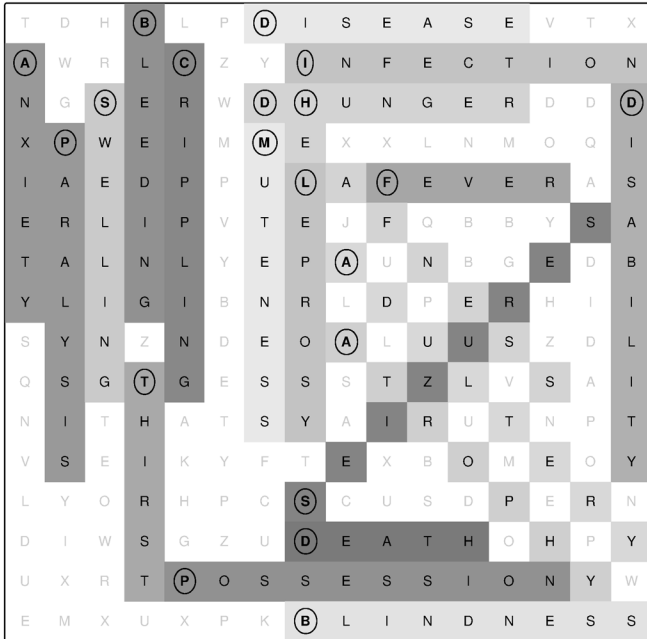
- a. running away screaming
- b. praising God
- c. leaving contented

**8. Jesus made the man able to walk so they would all know that he could (Verse 10):**

- a. forgive sins
- b. heal everyone on earth
- c. humiliate religious leaders

# JESUS HEALS A PARALYZED MAN

## ANSWER KEY



1. Jesus healed the paralyzed man early on in his ministry. Where was he? (Mark 2:1)

- a. Capernaum
- b. Nazareth
- c. Damascus

2. Jesus was already seeing enormous crowds due to his ability to perform miracles. This crowd was (Verse 2)

- a. standing on chairs
- b. spilling out the door
- c. growing violent

3. The friends of the paralyzed man (Verse 4)

- a. pushed people aside
- b. sent him forward in a wave
- c. cut a hole in the roof

4. Who gave Jesus a hard time, at least in their thoughts? (Verse 6)

- a. the sick people
- b. the religious leaders
- c. friends of other sick people

5. The statement Jesus made that was upsetting to some was this (Verse 5)

- a. go home
- b. be ye healed
- c. your sins are forgiven

6. The healed paralytic (Verse 12):

- a. danced
- b. sang
- c. walked out in front of everyone

7. The people responded by (Verse 12):

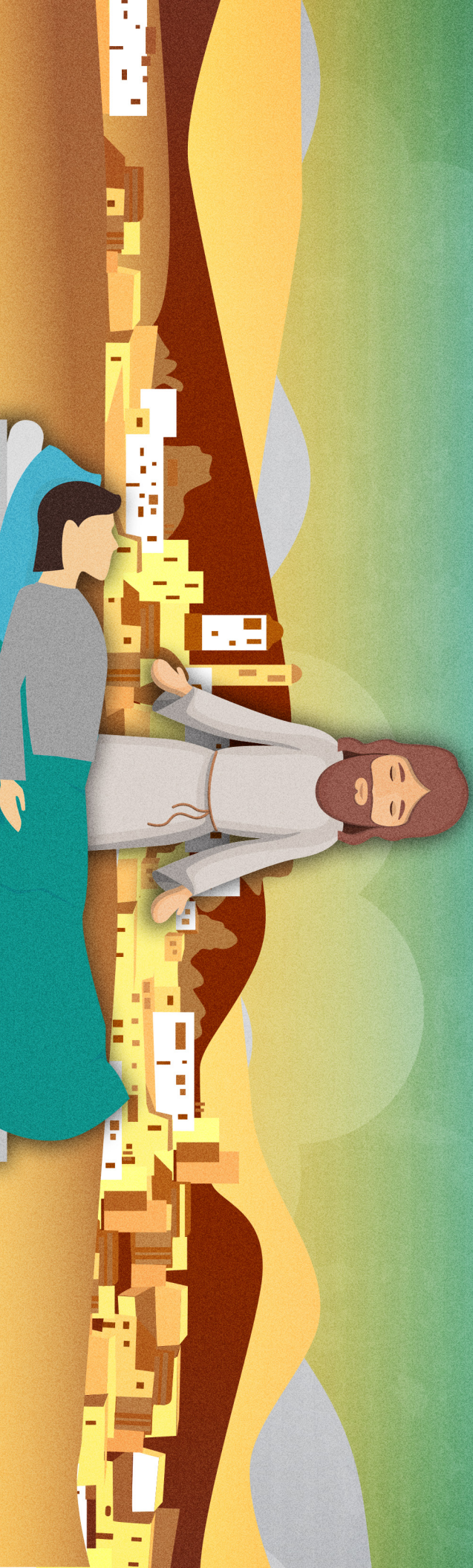
- a. running away screaming
- b. praising God
- c. leaving contented

8. Jesus made the man able to walk so they would all know that he could (Verse 10):

- a. forgive sins
- b. heal everyone on earth
- c. humiliate religious leaders

# JESUS HEALS A PARALYZED MAN

## CERTIFICATE OF COMPLETION



NAME:

DATE: