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#### THE TEN COMMANDMENTS MIGHTY MESSAGE

This Lesson on the Ten Commandments will give children a great example of how to love others. What is the point of not cheating? Not lying? Not stealing? Is it all to keep God from getting angry? No. It's actually about God's love. God hates heartache, and these are the base rules that teach us not to cause heartache for others AND for God, who feels the same emotions that we feel, only to a greater extent.

#### How to Use the Lesson Kit:

This kit includes a variety of activities that you can select from to customize your perfect lesson. We suggest beginning with the Scripture Reading & Lesson followed by the Discussion Questions. From there, feel free to mix & match the activities to build your lesson plan based on the time you have alloted and the age level/interests of your kids.



- Craft
- Game
- Coloring Page
- Wordsearch
- Crossword Puzzle
- Learning Lookups Journaling
- Parent Handout
- Quiz
- Reference Sheet
- Certificate of Completion
- Answer Page



#### **MATERIALS LIST** :

- Crayons, markers, colored pencils
- Brad fasteners
- Glue sticks
- Scissors
- Printer paper (game)
- Marker (game)
- Pencils or pens
- Bibles (electronic or hardcopy)



### **SCRIPTURE & LESSON**

**EXCERPTS FROM EXCERPTS FROM EXODUS** 

Read the following excerpts as shown (NIV translation), or read from your chosen Bible translation:



#### **EXODUS 20:1-17**

<sup>1</sup> And God spoke all these words:

- <sup>2</sup> "I am the Lord your God, who brought you out of Egypt, out of the land of slavery.
   <sup>3</sup> "You shall have no other gods before me.
- <sup>4</sup> "You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below.

<sup>5</sup> You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me,

<sup>6</sup> but showing love to a thousand generations of those who love me and keep my commandments.

<sup>7</sup> "You shall not misuse the name of the Lord your God, for the Lord will not hold anyone guiltless who misuses his name.

<sup>8</sup> "Remember the Sabbath day by keeping it holy.

<sup>9</sup> Six days you shall labor and do all your work,

<sup>10</sup> but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns.

<sup>11</sup> For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

<sup>12</sup> "Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.

<sup>13</sup> "You shall not murder.

<sup>14</sup> "You shall not commit adultery.

<sup>15</sup> "You shall not steal.

<sup>16</sup> "You shall not give false testimony against your neighbor.

<sup>17</sup> "You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor."

#### **Questions for Children about the 10 Commandments**

1. God's first commands were about loving him. Just think: If your mom and dad decided they loved some other child more than you and gave you away, how hurt would you be? *Hurt, angry, confused, and more hurt.* So, how would God feel if we decided we loved an idol more than him? *Hurt, angry, and more hurt.* 

2. "Giving false testimony" is a very hurtful type of lie. It's making up things about someone to get people to dislike them. Have you ever seen this happen in school or in the neighborhood? Take answers. How should you react? **When you hear** something bad about someone, a good first reaction is to doubt it, even if the person is adamantly saying the information is true. A second good reaction is to stand up for the victim. Say something nice about him or her. If that doesn't work, find an excuse to leave. DO NOT ADD to it.

3. To covet means to be jealous of. What is one way to know you are feeling jealous? You wish you had the item or situation too. Have you ever noticed that when someone gets a new item, wins an award, or gets some attention for a talent, that others have an inclination to be mean to that person rather than congratulate them? *That's jealousy.* What are some things we can do when we start feeling jealous, before it spirals into hateful comments or even bearing false witness? *One thing is to thank God for that person's good thing. Try to be happy for them. Don't assume they are using the situation to be powerful over others or are stuck up. Think of how YOU want to be treated when you come into something good.* 

### 66

#### **TEACHER'S MIGHTY MESSAGE**

Jesus said something incredible in the New Testament, 1,500 years after the Commandments arrived through Moses. He was answering someone who had asked, "Teacher, which is the greatest commandment in the Law?"

Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'"

He said, "ALL the Law and the Prophets hang on these two commandments." God had created over 600 laws in the Old Testament. ALL are in some way tied into loving God or loving each other—not hurting each other, not being selfish, not causing heartbreak.

The Ten Commandments are designed to show people what love looks like and acts like. Jesus also said this, in John 13:35: By this everyone will know that you are my disciples, if you love one another. People won't know us by our opinions. They won't know us by our clothes, bumper stickers, crosses, Bibles. Because those things don't affect others like our behavior does. The Ten Commandments are about loving God and loving each other here on earth. Let's try to learn them all, live by them all, and thereby spread God's love to those with whom we come into contact.

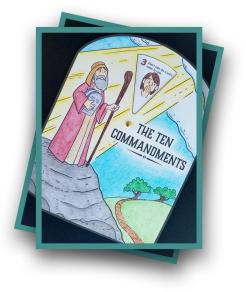




# **PRINTABLE CRAFT**

#### **SPINNING WHEEL**

Here is a creative way to remind the children of God's holy Commandments.





### **MATERIALS**:

- White paper or card stock
- Coloring utensils
- Scissors
- Brad fastener

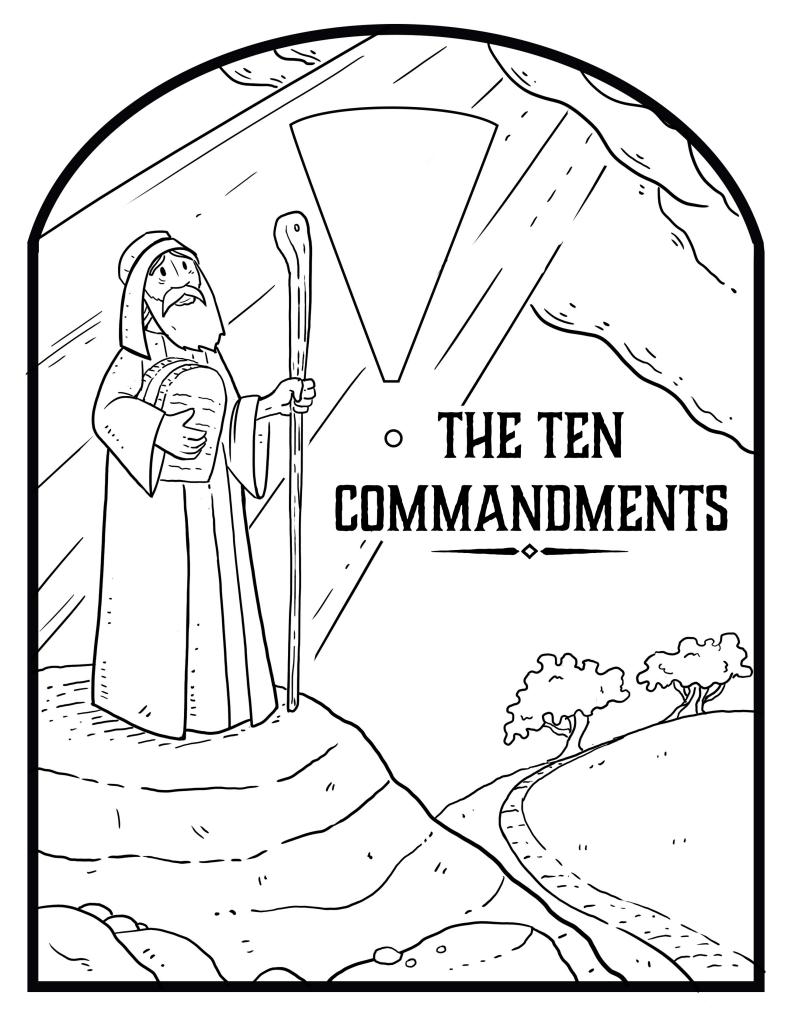
#### **INSTRUCTIONS:**

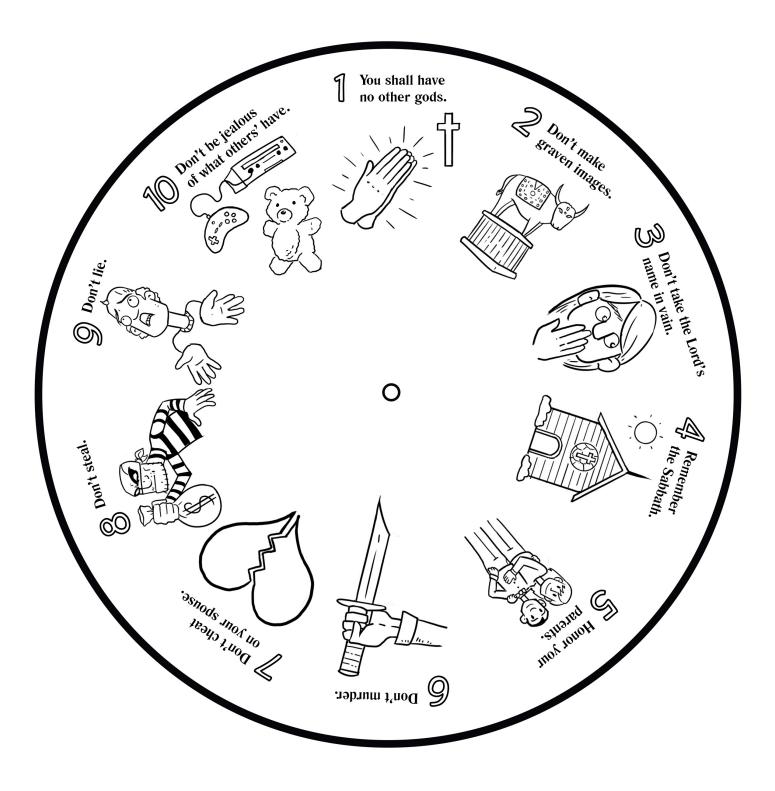
- 1. Print out 10 Commandments Wheel templates on white paper or card stock.
- 2. Color as desired.
- 3. Cut out each of the templates and cut the "window" from the 10 Commandments Wheel cover.
- 4. Poke a small hole in the center of the marked circles on both the cover and wheel.
- 5. Push a brad fastener through each of the holes and pull the tines out to secure.













# GAME

#### WHICH COMMANDMENTS ARE MISSING?

It's a simple way to help children learn the Commandments: Open a copy of them in Exodus 20 and have them put the cards in order. Exodus 20 is a bit thick in text, but they will garnish important ideas—directly from God's mouth!



### MATERIALS:

- Ten Commandments for Kids file (follows these instructions)
- NIV Bible
- Paper
- Marker
- Scissors



### **PREPARATION:**

1. Print out the Ten Commandments for Kids. Do not number them. Shuffle them.



- 1. Have students turn to Exodus 20 in the Bible.
- 2. Give them five minutes to put all the commandments in order, using only the Bible text as a guide.
- 3. Have them do again with the scripture available.
- 4. Then take the scripture away and have them try without it.

Game Cards: Ten Commandments for Kids

# YOU SHALL HAVE NO Other Gods.

DON'T TAKE THE LORD'S Name in Vain.

HONOR YOUR PARENTS.

DON'T CHEAT ON YOUR Spouse.

### DON'T LIE.

DON'T MAKE GRAVEN Images.

> REMEMBER THE SABBATH.

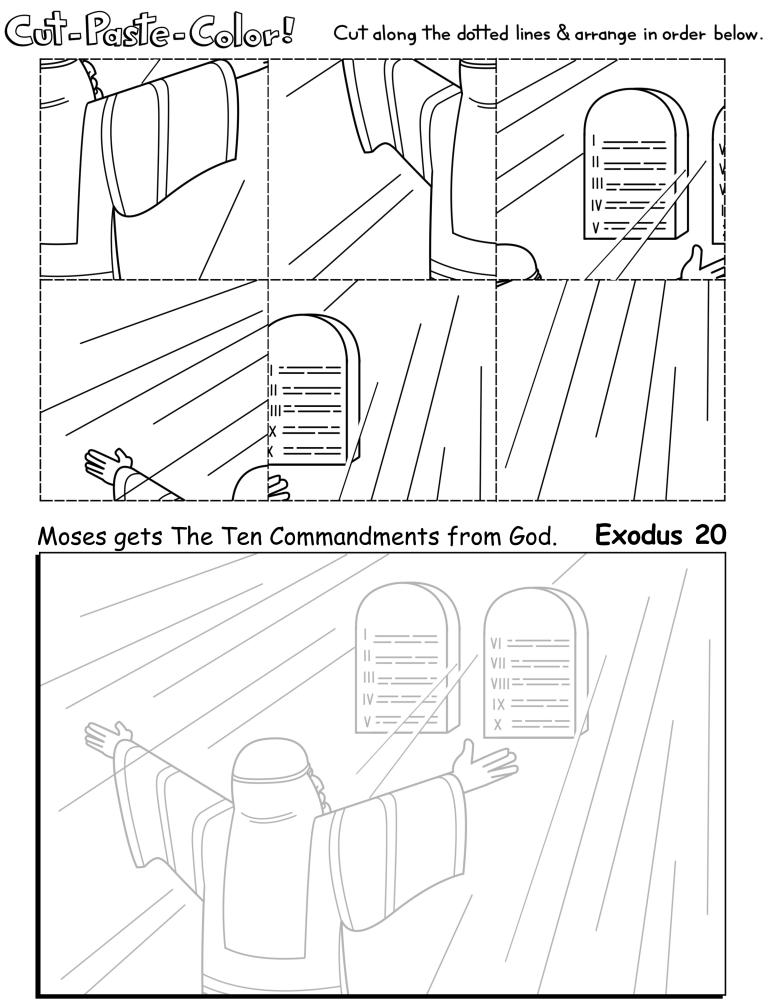
# DON'T MURDER.

# DON'T STEAL.

### DON'T BE JEALOUS.



# THE TEN COMMANDMENTS-EXODUS 20





### WORD SEARCH

The Ten Commandments are given as rules of love, so that we don't hurt God's feelings or others' feelings. They are a huge part of our lives with many applications and meanings. Below are 20 synonyms for the word LOVE. Find them in the word search, and see how many you feel you already have some experience with:

L	Ι	D	F	х	Y	Р	Ι	Е	т	Y	I	х	R	V	D
I	J	Ν	Ν	0	М	F	R	А	Ρ	т	U	R	Е	в	А
D	х	D	F	J	Ν	G	W	Е	М	0	т	Ι	0	Ν	F
s	Р	F	L	А	Р	D	М	т	Ν	Ν	Q	L	С	Y	F
U	А	R	R	Y	т	Ν	Ν	R	Ρ	Q	R	v	н	В	Е
L	S	D	Е	T	F	U	т	Е	Р	D	Е	G	Е	М	с
к	S	R	Е	Ν	Е	L	А	J	S	н	G	М	R	Q	т
L	Ι	Z	Е	v	С	Ν	А	т	L	S	А	F	Ι	Р	I
s	0	Y	D	S	0	н	D	М	T	v	R	F	S	Y	0
Р	Ν	М	Е	Р	Р	т	А	S	Е	0	D	Е	н	Е	N
R	Ρ	Т	U	S	М	Е	T	Ν	н	Y	Ν	R	I	А	Y
L	D	н	F	В	М	Z	С	0	т	T	Y	v	Ν	R	Q
J	Y	L	U	z	Е	Q	т	т	Ν	М	Р	0	G	Ν	R
A	М	0	R	0	U	S	Ν	Е	S	S	Е	R	۷	Ι	Y
A	Р	Ρ	R	Е	С	Ι	А	Т	T	0	Ν	Ν	В	Ν	Q
F	Ι	D	Е	L	Ι	Т	Y	A	М	Ι	Т	Y	Т	G	м

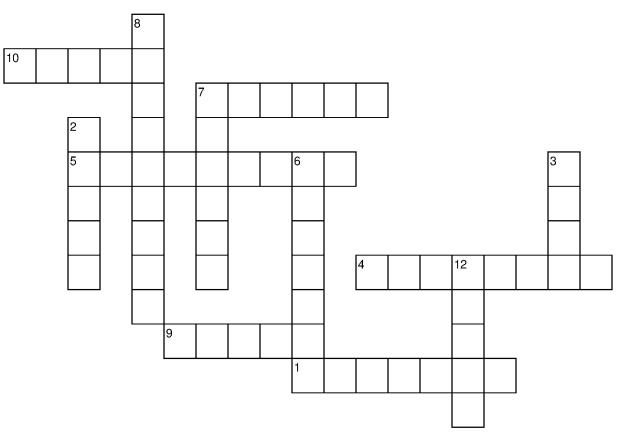
Words to Find:

AFFECTION APPRECIATION DEVOTION EMOTION FONDNESS FRIENDSHIP INFATUATION PASSION RESPECT YEARNING AMITY AMOROUSNESS CHERISHING ENCHANTMENT FERVOR FIDELITY FLAME PIETY RAPTURE REGARD



### **CROSSWORD PUZZLE**

# Use the Ten Commandments NIV on your At-A-Glance Sheet, to fill in the crossword below.



#### Across

- 1. For in six days the Lord made these and the earth
- 4. God says, ironically, that this is one of his emotions
- 5. God will not call anyone this if they misuse his name
- 7. Another word for kill
- 9. Another word for feeling jealous
- 10. You shall not bow down and worship one of these

#### Down

- 2. God brought the people out of this land
- 3. You shall have none of these before me
- 6. Remember this day by keeping it holy
- 7. Honor your Father and ...
- 8. You shall not give this falsely against your neighbor
- 12. Another word for bearing false witness



#### PARENT HANDOUT

Scriptures to Read: Exodus 20:1-21

#### This Week We Learned About ...

The Ten Commandments. The Ten Commandments give children a great example of how to love others. What is the point of not cheating? Not lying? Not stealing? Is it all to keep God from getting angry? No. It's actually about God's love. God hates heartache, and these are the base rules that teach us not to cause heartache for others AND for God, who feels the same emotions that we feel only to a greater extent.

#### Questions for Kids:

1. God says he will bless not just those who love him but also? *A. Their following generations* 

2. What is the name of the day God provided for rest? *A. Sabbath* 

3. What does God say will happen if you honor your father and mother? *A. You shall live long.* 

#### Dinner Table Discussion:

What are some rules in your house that are meant to keep you safe? Why do you think God is saying that listening to your father and mother brings long life? What could happen if you just ignored all your parents' rules?

Many of God's rules protect our hearts and the hearts of others. Discuss some of the commandments and how they protect hearts.

#### Scripture Notes (tuck in lunchboxes, tape to mirrors, etc.):

אנכיה לאתרצח Now if you obey me fully and keep my covenant, then out of all לא יהיה לא תנאף nations you will be my treasured possession. לא תשא לא תגנב זכור את לא תענה **Exodus 19:5** כבד את לא תחמד אנכיה לא תרצח Love the Lord your God and keep his requirements, his decrees, his לא יהיה לא תנאף לא תשא לא תגוב laws and his commands always. זכור את לא תענה **Deuteronomy 11:1** כבד את לא תחמד אנכיה לאתרצח לא יהיה לא תנאף You are my friends if you what I command לא תשא לא תגנב John 15:4 זכור את לא תענה כבד את לא תחמד



#### **REFERENCE SHEET**

Below are the Ten Commandments for Kids. You can print them out and use them for easy memorization and learning. Below that are the Ten Commandments verses from **Exodus 20.** Use them to compare or to teach the greater meaning of the simplified verses

#### The 10 Commandments for Kids

- 1. You shall have no other gods.
- 2. Don't make graven images.
- **3.** Don't take the Lord's name in vain.
- 4. Remember the Sabbath.
- 5. Honor your parents.

- 6. Don't murder.
- 7. Don't cheat on your spouse.
- 8. Don't steal.
- 9. Don't lie.
- 10. Don't be jealous

#### And God spoke all these words:

<sup>2</sup> "I am the Lord your God, who brought you out of Egypt, out of the land of slavery.

<sup>3</sup> "You shall have no other gods before me.

<sup>4</sup> "You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below.

<sup>5</sup> You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me,

<sup>6</sup> but showing love to a thousand generations of those who love me and keep my commandments.

<sup>7</sup> "You shall not misuse the name of the Lord your God, for the Lord will not hold anyone guiltless who misuses his name.

<sup>8</sup> "Remember the Sabbath day by keeping it holy.

<sup>9</sup> Six days you shall labor and do all your work,

<sup>10</sup> but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns.

<sup>11</sup> For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

<sup>12</sup> "Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.

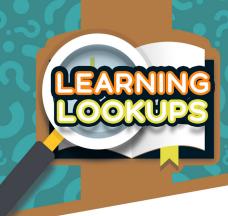
<sup>13</sup> "You shall not murder.

<sup>14</sup> "You shall not commit adultery.

<sup>15</sup> "You shall not steal.

<sup>16</sup> "You shall not give false testimony against your neighbor.

<sup>17</sup> "You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor."





Lookup: Matthew 7:12 and write it down.

Lookup: Matthew 22:37-40. Write down verse 40.

Children often want their parents to be proud of them. Name some things below about your How does the New Testament make following the law or the Ten Commandments easier to understand?

Create a prayer below. Speak to God and write it. Ask him to show you people you can support, compliment, build up, and stand up for this week. If he gives you any names, write them down.



Following, with blanks, is the text of the Ten Commandments from Exodus 20 NIV translation. Fill in the blanks, which are helped by the list of options below it. Scratch off the answers to help you keep track of what you've used.

#### **EXODUS 20 NIV**

<sup>3</sup> "You shall have no otherbefore me.							
<sup>4</sup> "You shall not make for yourself an in the form of anything in heaven above or							
on the earth beneath or in the waters below. <sup>5</sup> You shall not down to them or worship							
them; for I, the LORD your God, am a God, punishing the children for the sin of the							
parents to the third and fourth generation of those who hate me, $^{6}$ but showing love to a							
generations of those who love me and keep my commandments.							
<sup>7</sup> "You shall not misuse the name of the your God, for the will not hold							
anyone guiltless who misuses his name.							
$^{ m 8}$ "Remember the Sabbath day by keeping it $^{ m 9}$ Six days you shall labor and do all							
your work, $^{10}$ but the day is a Sabbath to the LORD your God. On it you shall not do							
any, neither you, nor your son or daughter, nor your male or female servant, nor							
your animals, nor any foreigner residing in your <sup>11</sup> For in days the LORD							
made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh							
day. Therefore the LORD blessed the Sabbath day and made it							
<sup>12</sup> "Honor your and your, so that you may live in the land the							
LORD your God is giving you.							
<sup>13</sup> "You shall not							
<sup>14</sup> "You shall not commit							
<sup>15</sup> "You shall not							
<sup>16</sup> "You shall not give testimony against your neighbor.							
<sup>17</sup> "You shall not covet your neighbor's You shall not covet your neighbor's wife,							
or hisor female servant, his ox or, or anything that belongs to your							
1)							
Word Bank:							

adultery	long	work	house	thousand	mule
false	gods	towns	image	Lord	murder
father	holy	six	bow	misuses	neighbor
mother	seventh	holy	jealous	male	steal



# **ANSWER KEY**

